

What is the Caregiver Initiative

Thank you for your interest in the Willing Hearts, Helpful Hands program, a program that assists family caregivers who need help in caring for their family member with Alzheimer's disease or other form of dementia.

We are excited to be offering this caregiver program because we know that the need for caregivers in our community and country exceeds the number of adequately trained caregivers. We also know that informal caregivers in New York State provide 1.1 billion hours of unpaid care with an estimated value of \$14 billion and that many of you are at the breaking point and need support to carry on.

Whether you are a friend or a family member, caring for an older adult can be a challenge. The Willing Hearts, Helpful Hands program is dedicated to easing the many burdens associated with being a caregiver of an older adult with Alzheimer's disease or other dementia.

What is the Willing Hearts, Helpful Hands Caregiver Support Initiative:

Willing Hearts, Helpful Hands connects caregivers with services and access to "Caregiver Circles". These Caregiver Circles are comprised of trained volunteers who provide an array of friendly visits and chore services.

Our program reaches out to give family caregivers of a relative who may be diagnosed with Alzheimer's disease or another dementia and provides a much needed break so they can continue to care for their relative at home.

How We Can Help You

If you are helping care for a family member or friend with Alzheimer's disease or other form of dementia, you are not alone! We can help.

Parker has been awarded a grant to support family caregivers of individuals with Alzheimer's disease and other dementias throughout Long Island.

The grant program includes a free in-home consultation; family consultation; support groups; education and training programs on how to care for someone with Alzheimer's disease; scholarships for temporary relief so you can get a break. Respite can include in-home respite, adult day service or overnights in a nursing home; access to volunteer companions; and joint enrichment opportunities.

Here are a few of the ways this initiative can help you and your loved one:

- Allows the senior to remain at home.
- Emotional support for you.
- Social activities for you and your loved one.
- Supports the family.
- Focuses on your needs while helping your loved one too.
- Coordinate care and services for your loved one.
- Reduces caregiver burn-out or illness.

Services are free and available to anyone caring for a loved one with Alzheimer's disease and other dementias.

For more information call us at (877) 727-5373 or (516) 586-1507 or you can apply online at:
<https://www.surveymonkey.com/r/caregiverapplication7-21-10>

About Us

Willing Hearts, Helpful Hands is a community program of the Parker Jewish Institute for Health Care and Rehabilitation.

The Parker Jewish Institute for Health Care and Rehabilitation, is conveniently located at the Queens-Nassau County border in New Hyde Park, New York. Our newly renovated campus provides a breath of fresh air in healthcare. Offering complete care with its own medical department, renowned skilled nursing, professional social work, superb dining, an on-site pharmacy, and excellent therapeutic recreation. Including:

- > Post-Acute Care
- > Short Term Rehabilitation
- > Nursing Home
- > Social Model Adult Day Program
- > Community/Inpatient Hospice
- > Home Health Care
- > On-Site Dialysis
- > Managed Long Term Care Plan
- > Medicare Advantage Plan

Parker's staff not only provides the best health care, therapy and social work services, but also extends the hand of reassurance, the smile that warms the heart, and the words that say everything will be okay.

For further information and admissions, call (718)289-2101 or (516) 586-1623.

Parker Jewish Institute
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New Hyde Park, NY 11040
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More resources available at:

ParkerInstitute.org

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A COMMUNITY
PROGRAM



Willing Hearts Helpful Hands



Parker Jewish Institute
FOR HEALTH CARE AND REHABILITATION

Where Excellence Is the Standard